

### Temporary vs. Long-Term Discomfort Study Guide

1. What are some of the long-term discomforts happening in your community? (This does not have to be just related to people on the streets. It can be not having access to food, healthcare, education. It could be tense or distrustful relationships in the community or some populations being underserved/underrepresented than the others.) What is being done to relieve these discomforts?
2. What is the relationship between the phrase “long-term discomfort” and the word, “injustice?” Is there any difference between the two, or how is one caused by the other? If we ease a discomfort, are we eliminating the injustice?
3. Often times in Scripture, it is out of discomfort that healing and justice happens. Read the story of Jesus and the man with leprosy in Matthew 8:1-4. Jewish Law at the time forbid anyone to touch a person with leprosy. However, Jesus reached out and touched him so that he could be healed. Think of all the ways Jesus must have felt or risked discomfort when he touched him-- physically, emotionally, socially. In the act of reaching out Jesus gave up comfort so the man could be free of long term discomfort. How are we called to do the same? How are we called to give up some comfort so others can be free of long term discomfort?