



Food Waste Study Guide
5/6/16

- 1. Read the story of the Syrophenician Woman (Matt. 15:21-28, Mark 7: 24-30).**
 - 1. Who, in this story, is in the position of privilege-- who is able to access the abundance of Jesus' healing? Who is not?**
 - 2. What is Jesus' initial reaction to the woman? What do you think is the mindset that leads Jesus to react this way?**
 - 3. What is Jesus's response the second time? What do you think made him change his mind?**
 - 4. Who, in your community, is in a position of privilege-- who is able to access the abundance of nutritious food? Who is not?**
 - 5. How can we respond to those without this privilege by Jesus' second example (compassion), rather than the first (exclusion)?**

- 2. Read Beth's article on food waste with your youth group.**
 - 1. Have them research the comparable facts/statistics for your state and write down the fact/stat that most surprised them.**
 - 2. Underneath their chosen fact/stat, have them write down 5 ways they can change it in their own homes, using the suggestions in Beth's article and their own knowledge/creativity.**
 - 3. Encourage them to sign it-- pledging that they will do those 5 things-- and take it home so that the other members of their household can sign it as well.**
 - 4. *Another option-- Have them create a food waste covenant for your church. Write down ways in which the church can eliminate food waste (examples: bring 25% less food to potlucks, commit to donating the leftovers to a local organization, build a space for composting and gardening on church grounds). Post the covenant in a gathering space in the church and encourage members to sign it.**